

SUMMER 2022

Smile CHRONICLES

The Laurel Manor Dental Quarterly Newsletter

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Gums and Your Heart – **THE LINK!**

You may have heard that people with bleeding gums have periodontal disease, but did you know that they are almost twice as likely to have heart disease? One study found that the presence of gingivitis, cavities and missing teeth were as good at predicting heart disease as cholesterol levels. (webMD) Gum disease produces inflammatory products that tend to increase the risks for heart disease.

Researchers have shown that certain dental bacteria produce the clumping of blood platelets in experiments. This clumping then can become the initiator of a blood clot which can lead to a heart attack or stroke. If gum disease lowers the gum tissue resistance and then allows these types of bacteria to get into the bloodstream, you can see how there is the increased risk for heart disease and/or strokes. Good home care & routine dental visits can lower the likelihood of developing gum problems and will help prevent further progression of the disease.

Welcome!

Welcome to the SUMMER issue of SMILE, the quarterly publication of Laurel Manor Dental.

Summer's here, and we all look forward to relaxing days, picnics and fun in the sun here in The Villages.

Make sure you get the most out of it by maintaining your dental health. In this issue we have some great info to help you do just that. So enjoy your summer and contact us if you have any dental questions and be sure to wear sunscreen!

Smiles.

Dr. Rozensky & Dr. Roca





Summer Changes FULL DIGITAL X-RAYS

If you have been inside our office recently you may have noticed some improvements. Our walls have gone from yellow to green!

In April, Scooter Paints of the Villages and their wonderful team helped recreate our office and did beautiful work. Many thanks to Gloria, Chip and all of the Scooter team!

In addition to the cosmetic changes, Laurel Manor Dental went to full digital x-rays in November of last year.

What does this mean for you?

The answer is there are numerous positive benefits. The radiation level is so insignificant with digital x-rays (70-80% less than that of conventional x-rays), that you're actually exposed to more by being outside for a round of golf! Hard to believe how much technology has progressed.

Another plus is that when an x-ray is taken now, it immediately shows on the computer screen in the room you are in, no developing required, saving you time.

And yet another major benefit is that they provide Dr. Rozensky & Dr. Roca with better quality x-rays which help them diagnose decay and any other potential conditions. Our goal is to always maintain the latest technology available to provide you with the highest quality oral healthcare.

Dry mouth? Sensitive teeth? THE SOLUTION!

You may have noticed your hygienist using MI Paste Plus at your last hygiene visit. MI Paste Plus is specially designed for patients at high risk for dental caries (cavities) and dental erosion. It is also recommended for use in patients suffering from dry mouth due to medications, systemic illnesses, or salivary gland disease, because of the enhanced risk of mineral loss from dental caries or dental erosion, as well as sensitivity due to root exposure, whitening, etc. MI Paste applied at least once daily provides both immediate and long-term solutions to tooth sensitivity. Ask your hygienist for more information on this great product!



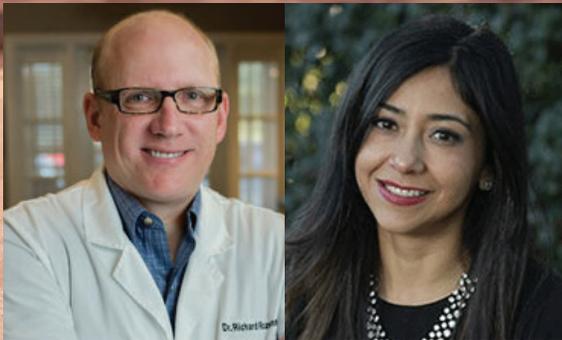
Joint Replacement? PLAY IT SAFE!

Did you know that patients who have had joint replacement surgery are at risk for developing infections of the implanted joint? Once bacteria that have traveled through the bloodstream find implanted joints, the body's immune system has a difficult time fighting the infection. Since it is not possible to prevent bacteria from entering the bloodstream during dental procedures, the American Association of Orthopedic Surgeons now recommends that antibiotics be given before dental procedures regardless of how long it has been since the joint replacement.

To avoid any unnecessary infection, please remember to let Dr. Rozensky or Dr. Roca know if you have ever had joint replacement surgery. **For further information regarding antibiotic premedication, you may visit the American Association of Orthopedic Surgeons' website at www.aaos.org.**

Come Visit.

We'll treat you like family
(and the coffee's on us).



The passion of our practice comes from providing patients with the finest possible dental care in a warm caring environment. We treat you as if you were a member of our family, always worthy of our best effort and respect. Most importantly, we listen to you and let you decide the direction of your dental care. So drop on in for a visit...

the coffee's on us.



LAUREL MANOR DENTAL

Let's keep in touch!

1950 Laurel Manor Dr., STE 180 B
The Villages, FL 32162

352.308.1424
laurelmanordental.com